

VARIABLE HEIGHT SYSTEM FOR SUPPORTING THE
NON-DRIVEN WHEEL OF A BICYCLE HAVING A DRIVEN
WHEEL ENGAGED WITH A BICYCLE TRAINER

ABSTRACT OF THE DISCLOSURE

5 A system for supporting the non-driven wheel of a bicycle, in which the driven
wheel of the bicycle is engaged with a stationary bicycle trainer. The system contemplates a
support member that is configured for engagement with a supporting surface, and which
includes wheel engagement structure for supporting the non-driven wheel above the
supporting surface. A pair of support members are engaged together in different
10 orientations, to raise the elevation of the wheel engagement structure of the upper support
member above the supporting surface and to enable the user to adjust the angle of the
bicycle.